


# Whispering Knoll Memory Care Community Calendar

## May 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><b>All activities are subject to Change!</b></p>		<p>1</p> <p>9:30 Breakfast Time 10:00 "Nurturing Our Garden!" - Cy 10:30 "Morning Exercise w/ The Fitness Doctor!" 11:15 "Courtyard Stroll!" - Cy 12:15 Lunch Bunch 1:00 "Foot &amp; Leg Massages w/ Cheryl, CMT, LMT - GR 1:30 "Singerise w/ Doreen!" 3:15 "Relaxation Therapy!" 4:00 "Lawrence Walk!" 5:00 Dinner Time / 6:30 Music &amp; Memories!</p> 	<p>2</p> <p>9:30 Breakfast Time! 10:30 Strength Training - GR 11:15 "Music Appreciation w/ Sandra!" 12:15 Lunch Bunch 1:30 "Quiet Time w/ Music Classics!" 1:45 Bingo Fun! 3:15 Aromatherapy! 5:00 Dinner Prep 6:30 Music &amp; Memories</p>	<p>3</p> <p>9:00 One to Ones! 9:30 Breakfast Time 10:30 Pokeno - GR 12:15 Lunch Bunch 1:45 Name that Flower! - GR 3:30 Relaxing Harp Therapy w/ Norine! - Cy 5:00 Dinner Time! 6:30 Music &amp; Memories</p> 	<p>4</p> <p>9:30 Breakfast Time 10:30 Catholic Services - S1 11:30 "Lunch Trip to Lola Bistro" 12:15 Lunch Bunch 1:45 Courtyard Stroll - Cy 3:30 Card Games! 5:00 Dinner Time 6:30 Music &amp; Memories!</p>	<p>5</p> <p> <b>Cinco de Mayo</b></p> <p>9:30 Breakfast Time 10:30 Morning Music! 12:15 Lunch Bunch 1:45 "Cinco De Mayo Party w/ Alfredo DaCunha!" 3:00 Cocktails! 5:00 Dinner Time 6:30 Movie Night!</p> 
<p>6</p> <p>9:30 Breakfast Time 10:30 Morning Exercise! 11:15 Word Game! 12:15 Lunch Bunch 1:45 Bingo Fun! 3:30 Lawrence Walk 5:00 Dinner Time 6:30 Evening Music!</p>	<p>7</p> <p>9:00 One to Ones 9:30 Breakfast Time 10:30 "Mind Joggers!" 12:15 Lunch Bunch 2:00 Bean Bag Toss! 3:15 Ipod Therapy &amp; One to ones! 4:00 That's Entertainment! 5:00 Dinner Prep 6:30 Music &amp; Memories</p> 	<p>8</p> <p>9:30 Breakfast Time 10:00 "Nurturing Our Garden!" - Cy 10:30 "Morning Exercise w/ The Fitness Doctor!" 11:15 "Mother's Day Craft!! - Cy 12:15 Lunch Bunch 1:30 Name that Tune! 3:15 "Relaxation Therapy!" 4:00 "Lawrence Walk!" 5:00 Dinner Time / 6:30 Music &amp; Memories!</p>	<p>9</p> <p><b>HAPPY BIRTHDAY PATRICIA!</b> </p> <p>9:30 Breakfast Time! 10:30 Strength Training - GR 11:15 "Memory Enhancement w/ Sandra Frank!" 12:15 Lunch Bunch 1:30 "Quiet Time w/ Music Classics!" 1:45 Bingo Fun! 3:15 Aromatherapy! 5:00 Dinner Prep 6:30 Music &amp; Memories</p>	<p>10</p> <p>9:00 One to Ones! 9:30 Breakfast Time 10:45 "Pineapple Upside Down Cake Baking!" 12:15 Lunch Bunch 1:45 "John Gee Accordion!" - GR 3:30 Relaxing Harp Therapy w/ Norine! - Cy 5:00 Dinner Time! 6:30 Music &amp; Memories</p>  	<p>11</p> <p>9:30 Breakfast Time 10:30 Catholic Services - S1 12:15 Lunch Bunch 1:30 "Out for Ice Cream @ Friendlys!" 3:30 Courtyard Stroll! 5:00 Dinner Time 6:30 Music &amp; Memories!</p>  	<p>12</p> <p>9:30 Breakfast Time 10:30 Creative Writing w/ Denise "Mother's Day Memories!" 11:30 Protestant Services - GR 12:15 Lunch Bunch 1:45 Piano Styles of Shelly Horn! 2:15 Courtyard Walk - Cy 5:00 Dinner Time 6:30 Movie Night!</p>
<p>13</p> <p><b>Mother's Day I</b> </p> <p>9:30 Breakfast Time 10:30 Morning Exercise! 11:15 Mother's Day Word Game! 12:15 Lunch Bunch 1:45 Mother's Day Bingo! 3:30 Lawrence Walk 5:00 Dinner Time 6:30 Evening Music!</p>	<p>14</p> <p>9:30 Breakfast Time 10:30 "St. Helena's Church" Catholic Mass - S1 12:15 Lunch Bunch 2:00 Cinema Movie "Monster in Law!" 2:30 Courtyard Walk - Cy 3:15 Ipod Therapy &amp; One to ones! 4:00 That's Entertainment! 5:00 Dinner Prep 6:30 Music &amp; Memories</p> 	<p>15</p> <p>9:30 Breakfast Time 10:30 "Morning Exercise w/ The Fitness Doctor!" 11:15 "Courtyard Stroll!" - Cy 12:15 Lunch Bunch 1:45 Recall &amp; What's Wrong? - GR 3:15 "Relaxation Therapy!" 4:00 "Lawrence Walk!" 5:00 Dinner Time / 6:30 Music &amp; Memories!</p>	<p>16</p> <p>9:30 Breakfast Time! 10:30 Strength Training - GR 11:15 "Art Program w/ Sandra Frank!" 12:15 Lunch Bunch 1:30 "Quiet Time w/ Music Classics!" 1:45 Bingo Fun! 3:15 Aromatherapy! 5:00 Dinner Prep 6:30 Music &amp; Memories</p> 	<p>17</p> <p>9:00 One to Ones! 9:30 Breakfast Time 10:30 Pokeno - GR 10:45 Morning Stroll 12:15 Lunch Bunch 1:45 "Mario DaCunha Entertains!" 3:30 Relaxing Harp Therapy w/ Norine! - Cy 5:00 Dinner Time! 6:30 Music &amp; Memories</p>	<p>18</p> <p>9:30 Breakfast Time 10:30 Catholic Services - S1 11:30 "Lunch Trip to La Peeps!" 12:15 Lunch Bunch 1:45 Courtyard Stroll - Cy 3:30 Game Time! 5:00 Dinner Time 6:30 Music &amp; Memories!</p> 	<p>19</p> <p>9:30 Breakfast Time 10:30 Morning Music! 12:15 Lunch Bunch 1:45 Board Games! 2:30 Cocktail Hour! 5:00 Dinner Time 6:30 Night Music!</p>
<p>20</p> <p>9:30 Breakfast Time 10:30 Morning Exercise! 11:15 Word Game! 12:15 Lunch Bunch 1:45 Bingo Fun! 3:30 Lawrence Walk 5:00 Dinner Time 6:30 Evening Music!</p>	<p>21</p> <p>9:00 One to Ones 9:30 Breakfast Time 10:30 "Mind Joggers!" 12:15 Lunch Bunch 1:45 "Piano Styles Of Shelly Horn!" 3:15 Ipod Therapy &amp; One to ones! 4:00 That's Entertainment! 5:00 Dinner Prep 6:30 Music &amp; Memories</p> 	<p>22</p> <p><b>HAPPY BIRTHDAY HELEN!</b> </p> <p>10:00 "Nurturing Our Garden!" - Cy 10:30 "Morning Exercise w/ The Fitness Doctor!" 11:15 "Courtyard Stroll!" - Cy 12:15 Lunch Bunch 1:00 "Foot &amp; Leg Massages w/ Cheryl, CMT, LMT - GR 3:15 "Relaxation Therapy!" 4:00 "Lawrence Walk!" 5:00 Dinner Time / 6:30 Music &amp; Memories!</p> 	<p>23</p> <p>9:30 Breakfast Time! 10:30 Strength Training - GR 11:15 "Poetry Through Lyrics w/ Sandra Frank!" 12:15 Lunch Bunch 1:30 "Quiet Time w/ Music Classics!" 1:45 Bingo Fun! 3:15 Aromatherapy! 5:00 Dinner Prep 6:30 Music &amp; Memories</p>	<p>24</p> <p>9:00 One to Ones! 9:30 Breakfast Time 10:30 Food Jingo - GR 10:45 Morning Stroll 12:15 Lunch Bunch 1:45 Recall &amp; Things that Go Together! - GR 3:30 Relaxing Harp Therapy w/ Norine! - Cy 5:00 Dinner Time! 6:30 Music &amp; Memories</p>	<p>25</p> <p>9:30 Breakfast Time 10:30 Catholic Services - S1 12:15 Lunch Bunch 12:15 - 2:00p "Outdoor Memorial Day Barbecue w/ John Gee Accordion!" 2:00 "Tribute to Irving Berlin!" 3:30 Courtyard Walk - Cy 5:00 Dinner Time! / 6:30 Lawrence</p> 	<p>26</p> <p>9:30 Breakfast Time 10:30 Morning Music! 11:30 Protestant Services - GR 12:15 Lunch Bunch 1:45 Afternoon Cinema! 2:30 Cocktail Hour! 5:00 Dinner Time 6:30 Night Music!</p>
<p>27</p> <p>9:30 Breakfast Time 10:30 Morning Exercise! 11:15 Word Game! 12:15 Lunch Bunch 1:45 Craft Creations! 3:30 Lawrence Walk 5:00 Dinner Time 6:30 Evening Music!</p>	<p>28</p> <p><b>Memorial Day!</b> </p> <p>9:30 Breakfast Time 10:30 "Patriotic Mind Joggers!" 12:15 Lunch Bunch 2:00 "Ice Cream Social!" 3:15 "To America with Love! Lawrence Walk!" 5:00 Dinner Prep 6:30 Music &amp; Memories</p> 	<p>29</p> <p>9:30 Breakfast Time 10:00 "Nurturing Our Garden!" - Cy 10:30 "Morning Exercise w/ The Fitness Doctor!" 11:15 "Courtyard Stroll!" - Cy 12:15 Lunch Bunch 1:30 What's Missing? 3:15 "Relaxation Therapy!" 4:00 "Lawrence Walk!" 5:00 Dinner Time / 6:30 Music &amp; Memories!</p>	<p>30</p> <p>9:30 Breakfast Time! 10:30 Strength Training - GR 11:15 "Music Appreciation w/ Sandra!" 12:15 Lunch Bunch 1:30 "Quiet Time w/ Music Classics!" 1:45 Bingo Fun! 3:15 Aromatherapy! 5:00 Dinner Prep 6:30 Music &amp; Memories</p>	<p>31</p> <p>9:00 One to Ones! 9:30 Breakfast Time 10:30 Pokeno - GR 10:45 Morning Stroll 12:15 Lunch Bunch 1:45 Poetry 2:30 Chinese Checkers 3:30 Relaxing Harp Therapy w/ Norine! - Cy 5:00 Dinner Time! 6:30 Music &amp; Memories</p> 	<p><b>All outings are weather permitting!</b></p> 	