

# Whispering Knoll Memory Care Community Calendar

## March 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><b>All outings are weather permitting!</b></p>		<p><b>All Activities are subject to change!</b></p>	 <p><b>Ipod Therapy is available upon Request!</b></p>	<p>1 9:30 Breakfast Time! 10:30 "Food Jingo" - GR 10:45 Morning Stroll 12:15 Lunch Bunch 1:45 Basketball! 3:30 Relaxing Harp Therapy w/ Norine! 3:30 One to Ones! 5:00 Dinner Time! 6:30 Music &amp; Memories!</p>	<p>2 9:30 Breakfast Time 10:30 Catholic Services - S1 11:30 "Lunch at The Metuchen Diner!" 12:15 Lunch Bunch 1:30 "Quiet Time w/ Music Classics!" 1:45 Lawrence Welk 3:30 Puzzles! 5:00 Dinner Time 6:30 Music &amp; Memories</p>	<p>3 9:30 Breakfast Time 10:30 "Creative Writing w/ Denise St. Patrick's Day Memories!" 12:15 Lunch Bunch 1:45 Ball Toss! 2:30 Courtyard Walk 3:15 Cocktail Hour! 5:00 Dinner Time 6:30 Night Music!</p>
<p>4 9:30 Breakfast Time 10:30 Morning Exercise! 11:15 Word Games! 12:15 Lunch Bunch 1:45 Bingo Fun! 3:30 Lawrence Welk! 5:00 Dinner Time 6:30 Lawrence Welk</p> 	<p>5 9:00 One to Ones 9:30 Breakfast Time 10:30 "Mind Joggers!" 12:15 Lunch Bunch 1:30 "Quiet Time w/ Music Classics!" 1:45 "Ipod Therapy"/Chinese Checkers!" - GR 3:30 That's Entertainment! 5:00 Dinner Prep 6:30 Music &amp; Memories</p> 	<p>6 9:30 Breakfast Time 10:30 "Morning Exercise w/ The Fitness Doctor!" - ER 11:15 Choices! 12:15 Lunch Bunch 1:00p Foot &amp; Leg Massages w/ Cheryl, CMT, LMT! - GR 1:30 Singercise w/ Doreen! 3:15 "Relaxation Therapy!" 4:00 "Lawrence Welk!" 5:00 Dinner Time 6:30 Music &amp; Memories!</p> 	<p>7 9:30 Breakfast Time! 10:30 Strength Training - GR 11:15 "Music Appreciation w/ Sandra!" 12:15 Lunch Bunch 1:45 Bingo Fun! 3:15 Aromatherapy! 5:00 Dinner Prep 6:30 Music &amp; Memories</p>	<p>8 9:30 Breakfast Time! 10:30 "Pokeno" - GR 10:45 Morning Stroll 12:15 Lunch Bunch 1:45 Remember When? 3:30 Relaxing Harp Therapy w/ Norine! 3:30 One to Ones! 5:00 Dinner Time! 6:30 Music &amp; Memories!</p> 	<p>9 9:30 Breakfast Time 10:30 Catholic Services - S1 12:15 Lunch Bunch 1:45 "Mario DaCunha Entertains!" - DR 3:30 Puzzles! 5:00 Dinner Time 6:30 Music &amp; Memories</p> 	<p>10 9:30 Breakfast Time 10:30 Morning Music! 11:30 Protestant Services - GR 12:15 Lunch Bunch 1:45 "Piano Styles of Shelly Horn!" 3:15 Cocktail Hour! 5:00 Dinner Time 6:30 Night Music!</p>
<p>11 <b>Daylight Savings Time!</b> 9:30 Breakfast Time 10:30 Morning Exercise! 11:15 Word Games! 12:15 Lunch Bunch 1:45 Baking Fun! 3:30 Lawrence Welk! 5:00 Dinner Time 6:30 Lawrence Welk</p> 	<p>12 9:00 One to Ones 9:30 Breakfast Time 10:30 "St. Helena's Church" Catholic Mass - S1 12:15 Lunch Bunch 1:30 "Quiet Time w/ Music Classics!" 1:45 Cinema Special "Only The Lonely!" 2:15 One to Ones 3:30 Frank Sinatra! 5:00 Dinner Prep / 6:30 Music &amp; Memories</p> 	<p>13 9:30 Breakfast Time 10:30 "Morning Exercise w/ The Fitness Doctor!" - ER 11:15 Name that Tune! 12:15 Lunch Bunch 1:45 "St. Patrick's Day Craft!" - GR 3:15 "Relaxation Therapy!" 4:00 "Lawrence Welk!" 5:00 Dinner Time 6:30 Music &amp; Memories!</p> 	<p>14 9:30 Breakfast Time! 10:30 Strength Training - GR 11:15 "Memory Enhancement w/ Sandra!" - GR 12:15 Lunch Bunch 1:45 Bingo Fun! 3:15 Aromatherapy! 4:00 Irish Blessings! - GR 5:00 Dinner Prep 6:30 Music &amp; Memories</p> 	<p>15 9:30 Breakfast Time! 10:30 "Food Jingo" - GR 10:30 "Irish Soda Bread Baking!" 12:15 Lunch Bunch 1:45 John Gee Accordion! 3:30 Relaxing Harp Therapy w/ Norine! 3:30 One to Ones! 5:00 Dinner Time! 6:30 Music &amp; Memories!</p> 	<p>16 9:30 Breakfast Time 10:30 Catholic Services - S1 11:30 "Lunch Trip to Flanagan's!" 12:15 Lunch Bunch 1:45 Trivia Fun! 3:30 Uno Fun for the Gold! - GR 5:00 Dinner Time 6:30 Music &amp; Memories!</p> 	<p>17 <b>St. Patrick's Day!</b> 9:30 Breakfast Time 10:30 Morning Music! 12:15 Lunch Bunch 2:00 "St. Patrick's Day Entertainment w/ Ted O'Connell!" 2:30 Lawrence Welk 5:00 Dinner Time 6:30 Night Music!</p>  
<p>18 9:30 Breakfast Time 10:30 Morning Exercise! 11:15 Word Games! 12:15 Lunch Bunch 1:45 Bingo Fun! 3:30 Lawrence Welk! 5:00 Dinner Time 6:30 Lawrence Welk</p> 	<p>19 <b>Happy Birthday Josephine!</b> 9:00 One to Ones 9:30 Breakfast Time 10:30 "Mind Joggers!" 12:15 Lunch Bunch 1:30 "Quiet Time w/ Music Classics!" 1:45 "Recall &amp; What's Missing?" 2:15 One to Ones 4:00 Frank Sinatra! 5:00 Dinner Prep 6:30 Music &amp; Memories</p> 	<p>20 <b>Spring Begins!</b> 9:30 Breakfast Time 10:30 "Morning Exercise w/ The Fitness Doctor!" - ER 11:15 Name that Flower! 12:15 Lunch Bunch 1:45 "Piano Styles of Shelly Horn!" 3:15 "Relaxation Therapy!" 4:00 "Lawrence Welk!" 5:00 Dinner Time 6:30 Music &amp; Memories!</p> 	<p>21 9:30 Breakfast Time! 10:30 Strength Training - GR 11:15 "Art Program w/ Sandra!" - GR 12:15 Lunch Bunch 1:45 Bingo Fun! 3:15 Aromatherapy! 5:00 Dinner Prep 6:30 Music &amp; Memories</p> 	<p>22 9:30 Breakfast Time! 10:30 "Pokeno" - GR 10:45 Morning Stroll 12:15 Lunch Bunch 1:45 Cinema Movie "Leap Year!" 3:30 Relaxing Harp Therapy w/ Norine! 3:30 One to Ones! 5:00 Dinner Time! 6:30 Music &amp; Memories!</p> 	<p>23 <b>Happy Birthday Rosign!</b> 9:30 Breakfast Time 10:30 Catholic Services - S1 12:15 Lunch Bunch 1:45 "Alfredo Cunha Entertains!" - DR 3:30 Puzzles! 5:00 Dinner Time 6:30 Music &amp; Memories</p> 	<p>24 9:30 Breakfast Time 10:30 Morning Music! 11:30 Protestant Services - GR 12:15 Lunch Bunch 1:45 Afternoon Cinema 3:15 Cocktail Hour! 5:00 Dinner Time 6:30 Night Music!</p>
<p>25 <b>Palm Sunday</b> 9:30 Breakfast Time 10:30 Morning Exercise! 11:15 Word Games! 12:15 Lunch Bunch 1:45 Spring Crafts! - GR 3:30 Lawrence Welk! 5:00 Dinner Time 6:30 Lawrence Welk</p>	<p>26 9:00 One to Ones 9:30 Breakfast Time 10:30 "Mind Joggers!" 12:15 Lunch Bunch 1:30 "Quiet Time w/ Music Classics!" 1:45 "Bunny Craft!" 2:15 One to Ones 4:00 Frank Sinatra! 5:00 Dinner Prep 6:30 Music &amp; Memories</p> 	<p>27 9:30 Breakfast Time 10:30 "Morning Exercise w/ The Fitness Doctor!" - ER 11:15 Riddles! 12:15 Lunch Bunch 1:00p Foot &amp; Leg Massages w/ Cheryl, CMT, LMT! - GR 1:30 "Relaxation Therapy!" 4:00 "Lawrence Welk!" 5:00 Dinner Time 6:30 Music &amp; Memories!</p>	<p>28 9:30 Breakfast Time! 10:30 Strength Training - GR 11:15 "Music Appreciation w/ Sandra!" 12:15 Lunch Bunch 1:45 Bingo Fun! 3:15 Aromatherapy! 4:00 Passover Seder - S1 5:00 Dinner Prep 6:30 Music &amp; Memories</p> 	<p>29 9:30 Breakfast Time! 9:45 "Jesus Of Nazareth Documentary" - GR 12:15 Lunch Bunch 2:00 "Ed Goldberg &amp; The Klezmer Band!" - DR 3:30 Relaxing Harp Therapy w/ Norine! 3:30 One to Ones! 5:00 Dinner Time! 6:30 Music &amp; Memories!</p>  	<p>30 <b>Good Friday</b> Passover begins at sundown 9:30 Breakfast Time 10:30 Catholic Services - S1 12:15 Lunch Bunch 1:45 Complete the Phrase 2:30 Chinese Checkers - GR 5:00 Dinner Time 6:30 Music &amp; Memories</p>  	<p>31 9:30 Breakfast Time 10:30 Morning Music! 12:15 Lunch Bunch 1:45 Ball Toss 2:30 Courtyard Walk 3:15 Cocktail Hour! 5:00 Dinner Time 6:30 Night Music!</p>